LIPHOOK
FEDERATION

Keeping safe at Liphook CofE Junior School

If you don't feel safe

There are lots of people in school who can help you if you don't feel safe. You can speak to your teacher or your LSA, Mrs Raeyen, Mrs Bain or Mrs Cutting in the school office, our lunchtime staff or Mr Sams, our caretaker, at any time.

There are also people in school who have had special training to try to help make you feel safe again. You, adults at home or your friends can **always** talk to one of these people.

Mrs Taylor

Mrs Garforth

Mrs Parrott

Miss Beverley

Mrs Raeyen

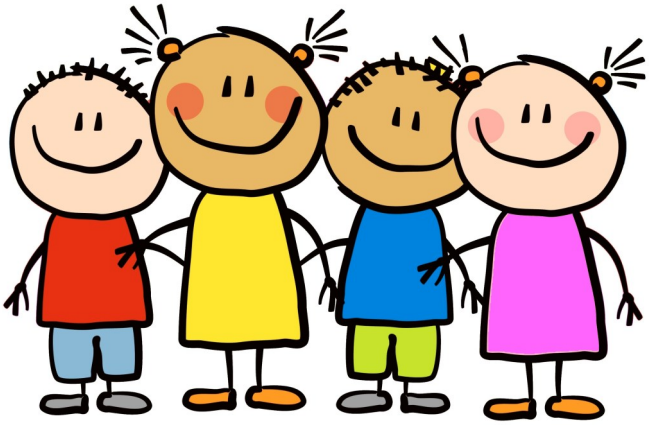
Childline - 0800 1111

You can call this number at any time if you do not feel safe.

NSPCC - www.nspcc.org.uk

There is information on this website to help you too.

Everyone needs to feel safe so they can feel happy and do their best.



What might make me feel unsafe?

- Being hurt by an adult or another child
- Being touched in a way I don't like
- Not being looked after by people at home
- Seeing people I love being hurt

Remember the PANTS rule

If anyone is making you feel unsafe, it is **not** your fault.

What should I do if I am worried about something or about a friend?

- Tell an adult in school
- Tell an adult at home
- Ask a friend to come with you to speak to an adult